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Asperger's Rules!: How To Make Sense Of School And Friends



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Synopsis

Fitting in to school and social life can be the single most challenging task when you have Asperger's syndrome Asperger's Rules! can help.Packed full of information, this book covers common school situations and the uncommon challenges that they can present to a child with Asperger's. Kids will find the how-to for understanding and communicating with peers and teachers, standing up for and taking care of themselves, setting realistic goals, and making friends.Asperger's Rules! belongs in the backpack of every kid with Asperger's and is an essential resource for getting the most out of middle school.

Book Information

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Age Range: 10 - 13 years

Grade Level: 5 - 8

Customer Reviews

Grossberg provides an upbeat and supportive guide for readers with Asperger s, covering feelings and emotions, teachers, asking for help, and dealing with bullies...The invaluable advice should help readers navigate new challenges. --Publishers WeeklyThis manual-workbook offers insights to readers with mild spectrum disorders on the general unwritten rules for dealing with teachers and classmates in school. With a mix of common scenarios, dialogue trees, bulleted lists, multiple-choice or fill-in-the-blank self-tests, and brief analytical comments, Grossberg covers setting goals, demonstrating appropriate responses to behavioral or emotional triggers, using communication strategies, recognizing body language and other signals, coping with bullying,

making friends, and (in a perfunctory, tacked-on final chapter) establishing personal hygiene and healthy life habits. Capped by a select set of annotated print and online resources, these guidelines and procedures will be helpful to their target audience though the frequent write-in features make the volume more suitable for individual than library use. --BooklistAs a clinical psychologist who works with middle- and high-school students diagnosed with Asperger s syndrome, Grossberg has the background and expertise to give advice on how to negotiate the world of the neurotypcial. The advice is straightforward, easy to understand, and solid. Each chapter includes a short test to help readers understand the importance of the material. The short quiz at the start of each chapter clues readers in to how they should relate to the upcoming information. The book includes sample dialogues and opportunities for readers to practice what they are learning. While this book is written specifically for youngsters on the Asperger s spectrum, it will be helpful for any children who struggle with making and keeping friends, dealing with bullies, or understanding unwritten rules in the classroom. Some young people may prefer to read this on their own, while others could certainly benefit from sharing the volume in a group and/or with an adult helper. --Wendy Smith-D Arezzo, School Library Journal

Blythe Grossberg, PsyD, is a learning specialist in New York City who works to help children and adults with ADD to become more effective at school and at work.

I have been looking for a "self help" book for my 10 year old son. He has Asperger’s and struggles with social skills - reading social cues, making friends, etc... This book is written at the perfect level. It includes lists of reminders and is written with humor and understanding. I even bought a copy for his teacher so she could use some of the techniques too!

As a grandparent of an "Aspie" who is proud of himself and feels the Aspergers Syndrome really defines him positively, I felt this book gave anyone a down-to-earth look at how to handle the little crisis that occasionally occurs. Good for teachers, parents, grandparents, as well as the child.

I got this from my local library first for my 8 1/2 year old, who has just gotten a diagnosis this year. She loved it, so I ordered a copy for her to write in. It has been immensely helpful right away. She understands it very well and is able to use the tips suggested for making adjustments in everyday life. It’s also helping her understand how her own brain works, and she’s able to articulate what’s going on in her head for the first time, in some cases. She loves it, and it makes all of our lives a

little easier. You should have this book.

RETURNED GEARED FOR OLDER CHILDREN

Well, I purchased a copy of this book a couple weeks ago, and spent an hour or so looking it over. The whole book is written in an approachable manner. Everything is broken down into small steps, bullet points (that aren't bullet-y looking), humorous side notes. There are flow charts with sample conversations for common topics (May I join the game, What are you doing this weekend) with flow charts for what to say depending on what answer you receive. There are sections that explain that how a request is presented can make a big difference in how people perceive the request and how willing they are to help you.Only problem with the book is that I sent it in for my son's special ed teacher to take a look at (he's 6th grade, she works with all the Aspie and Aspie-like kids). She liked it enough that she's put it on her list to buy for their library to work with the kids next year. So, I donated my copy of the book to school (figure they need all the help they can get, and it's a very reasonably priced book anyway), and just ordered another copy.So, I haven't had a chance to actually WORK with my son on it, but I can see where he would laugh at quite a bit of it. :)

Wonderful tool to use with children on the Autism Spectrum Disorder.

This has been a great reference book and is written in the right terms for a young teen trying to make their way through the social challenges of school and other public situations. It is written simply enough with practical tips that most teens should be able to try - or at least offers enough suggestions so that there are multiple ways to approach a situation.A recommended read for parents, children, or friends of those with Asperger's.

Perfect book for my son who has Asperger's. It has helped him to see that he is not alone in his journey. I have read the book and there are tons of great advice in there for my son and also it has helped me to get a better perspective of what he is going through as he is now in middle school.

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